



Day One	Day Two	Day Three	Day Four	Day Five	Day Six	Day Seven	
Sun., June 2	Mon., June 3	Tues., June 4	Wed., June 5	Thur., June 6	Fri., June 7	Sat., June 8	
MINDFUL MOVEMENT Oneika Mays 6:00 am-7:00 am							
MEDITATION Peggy Rowe Ward and Larry Ward 7:30 am-8:00 am							
BREAKFAST 8:00 am-9:00 am							
ANNOUNCEMENTS 9:15 am-9:30 pm	ANNOUNCEMENTS & POSTER HAIKUS 9:15 am-9:30 pm	ANNOUNCEMENTS 9:15 am-9:30 pm	ANNOUNCEMENTS & POSTER HAIKUS 9:15 am-9:30 pm	ANNOUNCEMENTS & POSTER HAIKUS 9:15 am-9:30 pm	ANNOUNCEMENTS 9:15 am-9:30 pm	CHECK-OUT & DEPARTURE prior to 12:00 pm	
SESSION James Kirby 9:30 am-10:40 am	SESSION David DeSteno 9:30 am-10:40 am	SESSION Reggie Hubbard 9:30 am-10:40 am	PANEL Sarà King, Oneika Mays, Dina Nayeri, with Reggie Hubbard	SESSION Tyrallynn Frazier 9:30 am-10:40 am			
SESSION Molly Crockett 10:50 am-12:00 pm	SESSION Jennifer Mascaro 10:50 am-12:00 pm	PANEL Andrew Dreitcer, Geshema Tenzin Yangchen, Geshe Lodoe Sangpo, Rabbi Geoff Mitelman, Pir Zia Inayat Khan, with David DeSteno 10:50 am-12:00 pm	BREAKOUTS Sarà King, Tyrallynn Frazier, Dina Nayeri 11:00 am-11:45 am	SESSION Liz Grant (virtual) 10:50 am-12:00 pm			
LUNCH 12:00 pm-1:00 pm							
ARRIVAL & CHECK-IN 2:00-6:00 pm — Intro to contemplative meditation 5:00-5:30 pm	COMMUNITY CONVERSATIONS Rob Roeser — Suzanne Bond 2:00 pm-2:50 pm	CONTEMPLATIVE RETREAT Larry Ward, Peggy Rowe Ward 1:30 pm-4:30 pm	COMPASSIONATE CONVERSATIONS IN THE FACE OF GLOBAL CONFLICTS 1:10 pm-2:10 pm	CONTEMPLATIVE RETREAT Larry Ward, Peggy Rowe Ward 1:30 pm-4:30 pm	RESTORATIVE TIME 1:00 pm-2:00 pm		
	MINDFUL MEETUP 3:00 pm-3:30 pm		SESSION Emiliana Simon-Thomas 2:20 pm-3:30 pm		CLOSING SESSION 2:00 pm-3:00 pm		
	SMALL GROUPS 3:30 pm-4:30 pm		BREAKOUTS Molly Crockett, Emiliana Simon-Thomas, James Kirby, Monastics with Robin Nusslock 3:45 pm-4:30 pm		SMALL GROUPS 3:30 pm-4:30 pm		
	QI GONG Peter Wayne 4:45 pm-5:45 pm						
DINNER 6:00 pm-7:00 pm							
WELCOME SESSION 7:30 pm-8:30 pm	RESTORATIVE TIME 7:15 pm-8:30 pm	POSTER SESSION #1 7:15 pm-8:30 pm	MIND & LIFE GRANTS AND MENTORING 7:15 pm-8:30 pm	POSTER SESSION #2 7:15 pm-8:30 pm	CELEBRATION 7:30 pm-9:00 pm		
MEDITATION 8:45 pm-9:15 pm							
SILENCE OBSERVED 10:00 pm-8:00 am							